

LUNCHEONS ~ SERVED

The Midtown

All Plated Luncheons include: Fresh Baked Breads and Butter
Coffee and Tea

First Course *(choice of one)*

Creamy Baked Potato and Cheese Soup
Cream of Mushroom and Wild Rice Chowder
Vegetarian Minestrone Soup
Baby Spinach with Mandarin Oranges and Sweet Poppy Vinaigrette
Caesar Salad with Garlic Croutons
Bow Tie Pasta Salad with Marinated Artichoke Hearts, Sun Dried Tomato and Olives,
Field Green Salad with Shredded Carrots, Red Peppers and Saskatoon Berry Vinaigrette

Entrées *(choice of one)*

Garlic Rubbed and Slow Roasted Strip Loin served with Sautéed Mushrooms
and Caramelized Onions, Oven Roasted Baby Potato and Chef's Choice of
Market Vegetables. \$30.75

Petit Filet Mignon Grilled to Perfection, topped with Crispy Onions,
served with Homestyle Fries and Side Salad of choice..... \$28.95

Seared Salmon Filet served with Light Tarragon Cream Sauce on
a bed of Basmati Rice and Chef Choice of Market Vegetables \$23.95

Herb Panko Crusted Chicken Breast with Creamy Wild Mushroom
Sauce Served with Garlic Mashed Potato and Fresh Market Vegetables \$22.25

Grilled Montreal Style Spiced Chicken Breast with Oven Roasted
Baby Gourmet Potatoes and Chef Choice of Market Vegetables \$21.95

Lasagna Plate

Classic Meat or Vegetarian Lasagna with Caesar Salad and
Garlic Bread *(served together)* \$22.95

Creamy Alfredo Chicken

Thin Sliced Chicken Breast served with Alfredo Sauce and Penne Pasta
served with a side of Caesar Salad and Parmesan Cheese \$19.50

Sweet Finalé - *(choice of one)*

Phyllo Tart with Sour Cherry Cream Cheese Cake and Bittersweet Chocolate Sauce,
French Cream Cheesecake with Saskatoon Berry Sauce, Chocolate Mousse
with Raspberry Coulis, Chocolate Brownie Obsession, Pecan Caramel Delight

Menus and prices are subject to change.

All prices are subject to an applicable service charge & GST.

LET'S DO LUNCH ~ BUFFETS

Signature Selection Lunch \$20.25

Served with Fresh Baked Breads and Butter
Coffee and Tea

Salad - choice of one

Field Green Salad with Selection of House Vinaigrettes
Greek Pasta Salad
Creamy Coleslaw
Dilly Potato Salad
Caesar Salad with Garlic Croutons

Hot Entrées - choice of one

Classic Lasagna (*Meat or Vegetarian*) with Garlic Bread
Ginger Chicken with Sesame Sauce, Chef's Choice of Seasonal Vegetables, Rice Pilaf
Greek Style Grilled Breast of Chicken, Chef's Choice of Seasonal Vegetables,
Lemon Roasted Potato
Grilled Breast of Chicken with Herb Seasoning, Chef's Choice of Seasonal Vegetables,
Oven Roasted Potato or Rice Pilaf
Chicken Parmigiano with Tomato Oregano Sauce
Apple and Maple Glazed Pork Loin with Apple Sauce, Chef's Choice of Seasonal Vegetables,
Cheese Scalloped Potato or Creamy Butter Whipped Potato

Sweet Finalé - choice of one; served as buffet

Warm Apple Crisp (*served hot on buffet*)
Carrot Cake with Cream Cheese Icing
Chocolate Brownie Obsession
Pecan Caramel Delight
Double Chocolate Brownie
Berry Cobbler (*served hot on buffet*)
Chocolate Trifle
Chef's Choice of Two Desserts

Signature Additions

Soup \$2.25
Lemon Chicken Rice, Beef and Barley, Mushroom and Potato Chowder,
Cream of Vegetable, Vegetarian Minestrone and Chef's Choice
Additional Lunch Entrée \$7.25
Dessert Buffet (*selection of five desserts*) \$1.95

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LET'S DO LUNCH ~ BUFFETS

Boardroom Buffet \$16.00

Served with Fresh Baked Breads and Butter
Coffee and Tea

Salad - choice of one

Field Green Salad with Selection of House Vinaigrettes
Greek Pasta Salad
Creamy Coleslaw
Dilly Potato Salad
Caesar Salad with Garlic Croutons

Main Entrée - choice of one

Herb Seasoned Chicken Pieces with Chef's Choice of Vegetable,
Lemon Roasted Potato or Creamy Mashed Potato
Sweet and Sour Beef Meatballs with Chef's Choice of Vegetables and Rice Pilaf
Shaved Beef on a Kaiser Bun with Chef's Choice of Vegetables & Oven Roasted Potato
Homemade Beef and Root Vegetable Stew
Cheese Tortellini with Roasted Vegetables and Tomato and Chef's Choice of Vegetable
Pork Back Tail Ribs with Honey Barbeque Sauce, Chef's Choice of Vegetable, Rice Pilaf .
or Oven Roasted Potato
Beef Stroganoff with Rice and Chef's Choice of Vegetable

Sweet Finalé - choice of one; served as buffet

Warm Apple Crisp (*served in chafér*)
Carrot Cake with Cream Cheese Icing
Chocolate Brownie Obsession
Pecan Caramel Delight
Double Chocolate Brownie
Berry Cobbler (*served in chafér*)
Chocolate Trifle
Chef's Choice of Two Desserts

Boardroom Additions

Soup\$2.25
Lemon Chicken Rice, Beef and Barley, Mushroom and Potato
Chowder, Cream of Vegetable, Vegetarian Minestrone
Additional Lunch Entrée\$5.75
Dessert Buffet (*selection of five desserts*)\$2.00

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LET'S DO LUNCH ~ BUFFETS

Soup & Sandwich \$15.95

Chef's Soup du Jour and Crackers

Assorted Wrap and Filling choices:

Egg Salad, Tuna Salad, Shaved Turkey, Ham and Beef

Salad

Field Green Salad with Chef's Selection of House Vinaigrettes

Dessert

Chef's Choice of Tarts, Squares and Cookies

Coffee and Tea

Front Street Deli \$15.25

Make your own Deli Style Sandwich

Chef's Soup du Jour and Crackers

Your choice of one salad

Field Green Salad with Selection of House Vinaigrettes, Greek Pasta Salad, Creamy Coleslaw, Dilly Potato Salad, Caesar Salad with Garlic Croutons
Selection of Breads, Croissants, Buns and Butter

Deli Platters of Shaved Beef, Honey Ham, Smoked Turkey Breast, Salami, Egg Salad, Tuna and Chicken Salad, Lettuce, Tomato, Pickles, Selection of Breads, Croissants and Buns, Condiments and Spreads

Dessert

Choice of One Dessert or Chef's Choice of Tarts and Squares

Coffee and Tea

Front Street Deli Additions:

Canadian Cheese Tray \$2.00

Additional Salad \$2.75/person

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LET'S DO LUNCH ~ BUFFETS

Courtyard Lunch\$14.25

This Handy Boxed Lunch allows guests to browse while they eat.

For Trade Shows and Exhibits Only.

All Courtyard Sandwiches come with Cheddar Cheese, Whole Fruit, Fresh Baked Cookie, Choice of Coffee, Tea, Juice or Soft Drink

Choose one Courtyard Sandwich or Salad:

Smoked Turkey Breast with Lettuce and Cranberry Sauce
in a Whole Wheat Flour Tortilla Wrap

Shaved Black Forest Ham and Swiss Cheese with Dijon Mustard
Mayonnaise on a Kaiser Bun

Dill Egg Salad and Green Leaf Lettuce wrapped in a Soft Flour Tortilla

Curry Chicken and Celery Salad with Green Leaf Lettuce
wrapped in a Whole Wheat Flour Tortilla

Chef Salad

Thinly Sliced Ham and Roast Beef with Canadian Cheddar Cheese arranged
with Sliced Tomato, Lettuce, Individual Dressing and Side of Potato Salad

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